

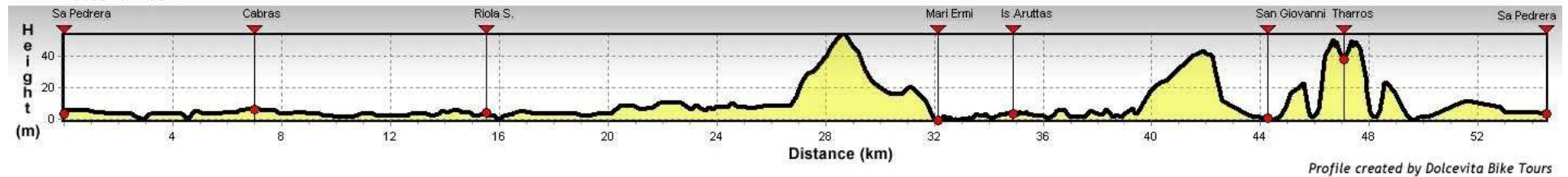
Stage 1:

Sinis Loop

Distance: 52 km

Ascent: 185 m

Descent: 185 m



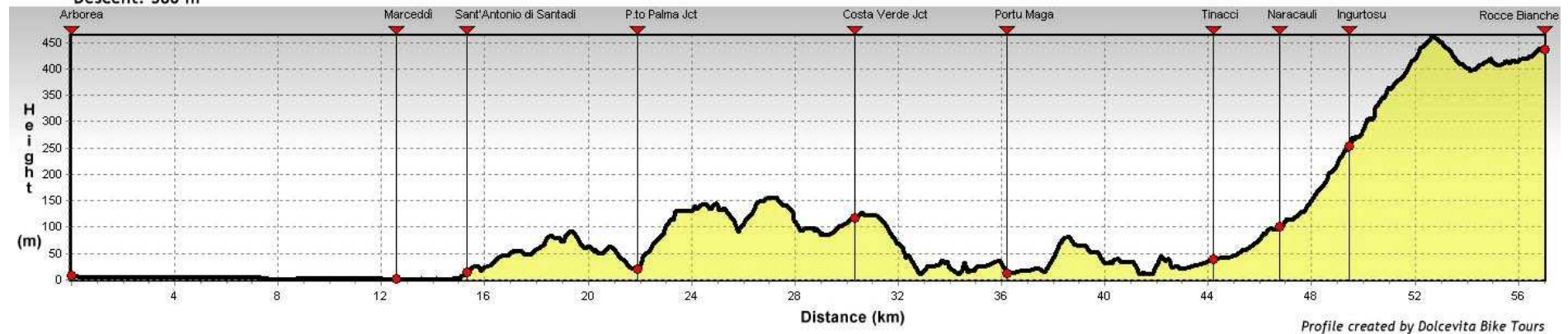
Stage 2:

Arborea - Arbus

Distance: 56 km

Ascent: 1000 m

Descent: 580 m



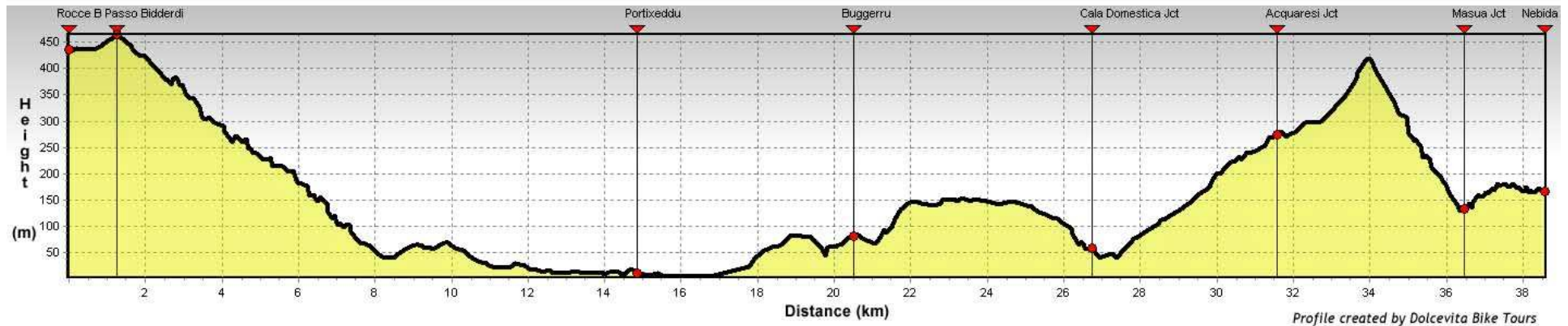
Stage 3

Arbus - Nebida

Distance: 38 km

Ascent: 765 m

Descent: 1070m



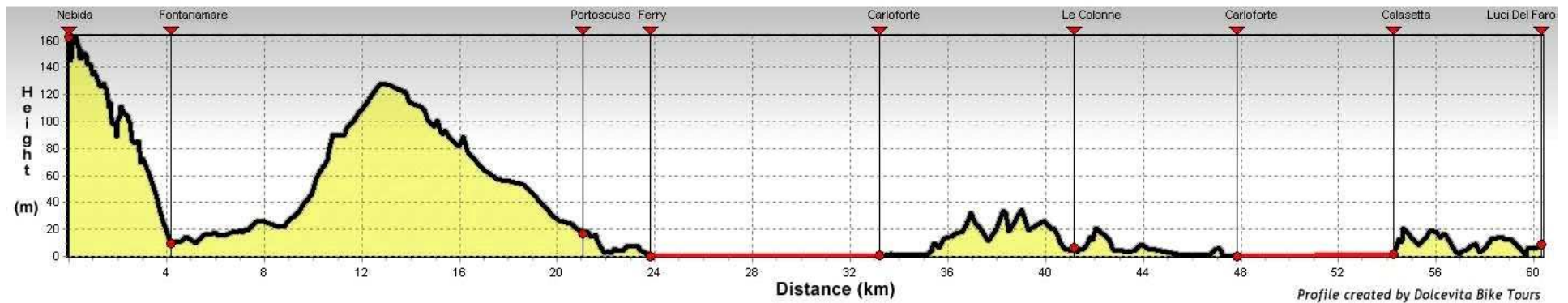
Stage 4

Nebida - Calasetta

Distance: 44 km

Ascent: 290 m

Descent: 435 m



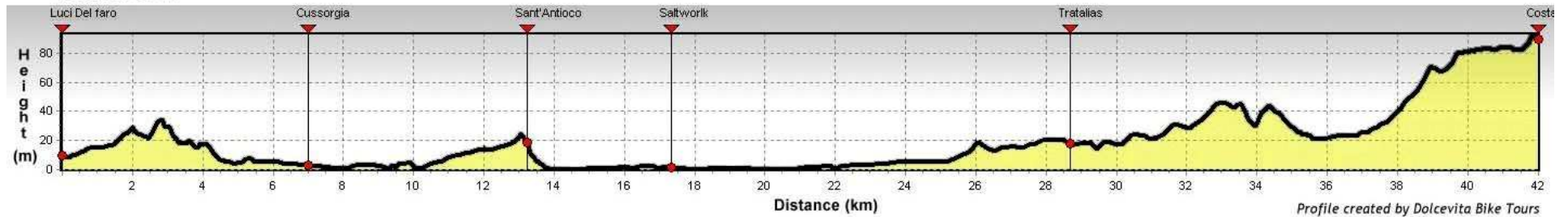
Stage 5:

Calasetta - Sant'Anna Arresi

Distance: 41 km

Ascent: 150 m

Descent: 65 m



Stage 6

Sant'Anna Arresi - Pula

Distance: 52 km

Ascent: 530 m

Descent: 590 m

